



Parent Tip Card List (alphabetical)

Alcohol and Drugs - Getting Help

Alcohol and Drugs - Protecting Children

Allergies or Infection?

Anxiety in Young Children - Anxious Foster Children

Anxiety in Young Children - Books about Separation Anxiety

Anxiety in Young Children - Getting Help for Childhood Anxiety

Anxiety in Young Children - Normal Anxiety and Fear

Anxiety in Young Children - Parenting an Anxious Child

Anxiety in Young Children - Signs of Anxiety

Anxiety in Young Children - Signs of Separation Anxiety

Asthma - Secondhand Smoke

Asthma Care Plan

Bath Time - Infant Safety

Bath Time - New Babies

Bath Time - Preschooler Safety

Bath Time - Toddler Safety

Bedtime Routines

Bedtime Story

Bedwetting

Biting - After Age 3

Biting - If your Child Bites

Biting - If your Child is Bitten

Books about Divorce

Books about Teasing and Bullying

Bullying

Bullying Victim

Car Seat Safety - Babies

Car Seat Safety - Car Safety Rules

Car Seat Safety - Change Safety Seats

Car Seat Safety - Elementary Age

Car Seat Safety - It's the Law!

Car Seat Safety - Preschoolers

Car Seat Safety - Prevent Car-Related Injuries

Car Seat Safety - Teaching Preschoolers

Car Seat Safety - Toddlers

Check for Head Lice

Child Support - Child Needs Both Parents

Child Support - Court Ordered Support

Child Support - How Moms Help Dads Pay

Children's Books about Grief and Loss

Choosing Children's Books - 19 to 30 months

Choosing Children's Books - 7 to 9 months

Choosing Children's Books - 9 to 18 months

Choosing Children's Books - Concept Books

Choosing Children's Books - Especially for Your Child

Choosing Children's Books - Informational Books

Choosing Children's Books - Newborn to 6 months

Choosing Children's Books - Poems, Songs, and Rhymes

Choosing Children's Books - Predictable Books

Choosing Children's Books - Quality Preschool Books

Choosing Children's Books - Storybooks

Choosing Children's Books - Traditional Stories

Choosing Children's Books - Wordless Picture Books

Choosing Quality Child Care for Babies

Choosing Quality Child Care for Preschoolers

Choosing Quality Child Care for Toddlers

Cold Weather Play

Colds and Flu

Consistent Co-Parenting

Crying - Colic

Crying - How to Soothe Your Baby

Crying - Separation Anxiety

Crying - Shaken Baby Syndrome

Crying - Spoiling or Comforting?

Crying - Stranger Fear

Cup Drinking

Dads and Reading - Reading Aloud

Dads and Reading - Talking Together

Domestic Violence - Effects on Children

Domestic Violence - Help a Friend

Ear Infections and Daycare

Ear Infections and Tubes

Effective Discipline - Absolute Rules

Effective Discipline - Consequences for Bad Behavior

Effective Discipline - Consequences for Good Behavior

Effective Discipline - Distract

Effective Discipline - Giving a Reprimand

Effective Discipline - Nurturing Family Routines

Effective Discipline - Pay Attention or Ignore

Effective Discipline - Planning Ahead

Effective Discipline - Praise Good Behavior

Effective Discipline - Redirect

Effective Discipline - Role Modeling

Effective Discipline - Supportive Play

Effective Discipline - Talking Together

Effective Discipline - Teach All the Steps

Effective Discipline - Time-Out

Effective Discipline - Voluntary Time-Out

Family Traditions - Ideas for Family Traditions

Family Traditions and Deployed Families

Family Traditions and Foster Families

Family Traditions Build Strong Families

Family Traditions When Families Change

Fast Food - Advertising

Fast Food - Eating Healthy When Eating Out

Fast Food - Less is Better

Fruit and Juice

Getting Your Child in Child Care

Giving Up the Pacifier

Good Visits for Foster Children and their Parents

Grief and Loss - Children and Divorce

Grief and Loss - Children and Funerals

Grief and Loss - Children and Trauma

Grief and Loss - Talking to Children about Death

Grief and Loss - Understanding Feelings of Children in Foster Care

Grief and Loss - When a Parent is Deployed

Hand Sanitizer

Handwashing

Handwashing - Use Glitter to Explain Germs

Handwashing is a Family Health Habit

Hand-Washing Songs

Hand-Washing Steps

Head Lice

Head Lice Medicine

Healthy Eating Habits - Books about Food

Healthy Eating Habits - Choking Hazards

Healthy Eating Habits - Fun, Healthy Meals

Healthy Eating Habits - My Plate

Healthy Eating Habits - Parent and Child Jobs

Healthy Eating Habits - Picky Eaters

Healthy Eating Habits - Strategies that Backfire

Helping Foster Children Cope with Grief and Loss

Household Dangers - Baby Walkers

Household Dangers - Burns

Household Dangers - Choking

Household Dangers - Drowning

Household Dangers - Falls

Household Dangers - Fire

Household Dangers - Fire Escape Plan

Household Dangers - Firearm Accidents

Household Dangers - Measuring Medicine

Household Dangers - Medicine Safety

Household Dangers - Other Dangers

Household Dangers - Poison Control Hotline

Household Dangers - Poisons

Household Dangers - Smoke Alarms

Household Dangers - Watch Out!

Immunization - Schedule

Immunization - Side Effects

Immunization - The Facts

Importance of Fathers - Books with a Focus on Fathers

Importance of Fathers - Day-to-Day Care

Importance of Fathers - Father's Love

Importance of Fathers - In School and in Life

Introducing Solid Foods - Too Early

Introducing Solid Foods - Too Late

Introducing Solid Foods - When and How

Kid-Friendly Vegetables

Making the Best of Co-Parenting

Masturbation in Young Children

Medical Home - Choosing a Doctor

Medical Home - Parents and Doctors as Partners

Medical Home - Records at Home

Morning Routines

Night Terrors

Nightmares

Nightmares and Night Terrors

No Soft Drinks

Oral Health - Baby Bottle Tooth Decay

Oral Health - Baby Teeth are Important

Oral Health - Dental Home

Oral Health - Fluoride

Oral Health - Getting Ready for Healthy Teeth

Oral Health - Healthy Teeth

Oral Health - Lift the Lip

Oral Health - Pregnancy

Oral Health - Snacks and Healthy Teeth

Oral Health - Stop Spreading Tooth Decay

Parental Depression

Partner with Your Child's Caregiver

Play - 10 Minutes to Good Behavior

Play - Associative Play

Play - Books on Parent and Child Play Time

Play - Boys and Pretend Play (Play and Social Skills)

Play - Builds Mastery Motivation

Play - Constructive Play

Play - Cooperative Play (Play and Thinking Skills)

Play - Differences between Boy and Girl Play

Play - Exploratory Play

Play - Functional Play

Play - Games with Rules

Play - Group Play

Play - Helps Social Skills Grow

Play - Helps Thinking Skills Grow

Play - Parallel Play for Toddlers

Play - Play and Imitation

Play - Play and Learning

Play - Pretend Play

Play - Problem Solving - Infants and Toddlers

Play - Problem Solving - Preschoolers

Play - Role of Fathers

Play - Solitary Play for Infants and Toddlers

Play - Time, Space, and Materials

Play - What is It?

Play and Adult Support

Play and Quality Child Care

Play and Scaffolding

Positive Talk = Confident Kids

Prenatal Exposure - Alcohol during Pregnancy - Father Message

Prenatal Exposure - Avoid Alcohol during Pregnancy

Prenatal Exposure - Effects on Children

Prenatal Exposure - Seek Help for Child

Prenatal Exposure - Services for Children

Preschool Eye Health - Preventing Eye Injury

Preschool Eye Health - Recommended Check-Ups

Preschool Eye Health - Warning Signs

Preschool Eye Health - Wearing Eye Glasses

Preventing Child Sexual Abuse

Preventing Ear Infections

Protecting Children from Co-Parent Conflict

Quality Classrooms for Babies

Quality Classrooms for Preschoolers

Quality Classrooms for Toddlers

Reading - Check Out Library Books

Reading - Environmental Print

Reading - Go to the Library

Reading - Literacy in the Home

Reading - Parents Lay the Foundation

Reading - Pre-Reading Skills

Reading - Reading in Your Family's Language

Reading - Reading Makes Kids Smarter than Watching TV!

Reading - Shared Book Reading - Early Skills

Reading - Shared Book Reading - Preschool

Recommended Weekly Vegetable Servings

Relationships between Foster and Biological Parents

Responding to Child Sexual Behavior

Ringworm

Rough and Tumble Play

Selecting TV Programs for Preschoolers

Self-Esteem

Serve a Variety of Vegetables

Shopping for Vegetables

Sickle Cell Disease - Basic Guidelines for Home and School

Sickle Cell Disease - Care and Emergency Plan

Sickle Cell Disease - Help Your Child Cope

Sickle Cell Disease - Seek Support for Yourself

Sickle Cell Disease - Special Education Services

Sickle Cell Disease - When to Call the Doctor

SIDS - “Back to Sleep”

SIDS - Risk Factors

SIDS - Safe Sleeping

SIDS - Sleeping Alone

SIDS - Tobacco and Nicotine

SIDS - Tummy Time

Signs of Child Sexual Abuse

Social-Emotional Health - Asking a Grown-Up for Help

Social-Emotional Health - Books About Anger and Calming Down

Social-Emotional Health - Books About Feelings

Social-Emotional Health - Books About Friendship

Social-Emotional Health - Books About Sharing

Social-Emotional Health - Calming Down

Social-Emotional Health - Caring about Others

Social-Emotional Health - Coping with Emotions

Social-Emotional Health - Emotional Thinking

Social-Emotional Health - Feeling Words

Social-Emotional Health - Following Rules

Social-Emotional Health - Learning to Make Good Choices

Social-Emotional Health - Making Friends

Social-Emotional Health - Problem Solving

Social-Emotional Health - Raising Emotionally Healthy Kids

Social-Emotional Health - Raising Socially Healthy Kids

Social-Emotional Health - Setting Limits

Social-Emotional Health - Tantrums

Social-Emotional Health - Think, Then Act

Social-Emotional Health - Words Can Hurt

Spanking

Spoiled or Secure Infants and Toddlers?

Spoiling or Comforting Crying Babies?

Spoiling or Handling Stress?

Spoiling or Teaching Independence?

Spoiling or Teaching the Busy Toddler?

Stop the Spread of Head Lice

Thumb Sucking

Toilet Training - Method

Toilet Training - Prepare Your Toddler

Toilet Training - Problems

Toilet Training - Readiness Skills

Toilet Training - Teach All the Steps

Toileting Accidents

Toothbrushing

Treating an Ear Infection

Vegetables

Well-Child Care

When a Child Reports Sexual Abuse

When to Wash Hands

Why Children Need Quality Care
